

# FREE VAPE RESOURCES FOR ADULT & CLASSROOM EDUCATORS



## Free Lesson Plans with Presentation Materials

CATCH My Breath is an e-cigarette and JUUL prevention program that will provide your students with the skills to resist peer pressure and media influences to try e-cigarettes.

<https://www.catch.org/bundles/23725>

A NICOTINE-FREE  
VAPE IS NOT  
A WORRY-FREE  
VAPE.

## Free Posters

Free printed items, including posters and flyers, to order and download.

[digitalmedia.hhs.gov/tobacco/print\\_materials/search?tag=E-cigarettes%2Fvaping](https://digitalmedia.hhs.gov/tobacco/print_materials/search?tag=E-cigarettes%2Fvaping)

The word "VAPE" is written in large, white, block letters against a dark, smoky background.

## VAPE Documentary with Discussion Guide

Use this video and viewer guide to facilitate a discussion with, parents, or educators about the health issues associated with the use of e-cigarettes.

[nmtupac.com/vape/](https://nmtupac.com/vape/)



## Free Presentation Kit with User's Guide

Use this presentation to educate youth on e-cigarettes. Presentation includes PowerPoint, talking points and a user's guide.

[cdc.gov/tobacco/basic\\_information/e-cigarettes/youth-guide-to-e-cigarettes-presentation.html](https://cdc.gov/tobacco/basic_information/e-cigarettes/youth-guide-to-e-cigarettes-presentation.html)



## Know the Risks Website

Get facts and resources on e-cigarette use among youth and young adults at this comprehensive website developed by the Surgeon General.

[e-cigarettes.surgeongeneral.gov/](https://e-cigarettes.surgeongeneral.gov/)

The words "THE REAL COST" are written in white, block letters on a black background. A white triangle with a black exclamation mark is positioned above the word "REAL".

## Free Cross-Curricular Resources

With these cross-curricular resources from Scholastic and the FDA, students will analyze informational text, collect and present data, and evaluate marketing messages.

[fda.gov/tobacco-products/public-health-education/real-cost-campaign#1](https://fda.gov/tobacco-products/public-health-education/real-cost-campaign#1)