

FREE HELP QUITTING NICOTINE

1-800-QUIT-NOW

(1-800-784-8669)

QUITNOWNM.COM

AYUDA GRATIS PARA DEJAR EL TABACO

1-855-DEJELO-YA

(1-855-335-3569)

DEJELOYANM.COM

LET'S CONNECT ON TWITTER

@QuitNowNM

Live Vape FreeSM

Free help to quit vaping

To get started, text

VAPEFREE to 873373

or visit

LiveVapeFreeNM.com

NUPAC

Nicotine Use Prevention and Control Program

Free Resources and Technical Assistance Include:

- Presentations to Organizations, Healthcare providers, and Associations
- Referral to New Mexico's Free Nicotine Addiction Treatment Services
 - 1-800-QUIT-NOW (quitnownm.com)
 - 1-855-DEJELO-YA (dejeloyanm.com)
- Promotional Materials (nupacnm.com/quit-now-promo-materials)
- Health Systems Change and Outreach Program
- Free Online Trainings for Health Professionals include:
 - Treating Nicotine Dependence in New Mexico
 - Family Nicotine Intervention for Health Care Providers
 - Addressing Nicotine Use in Oral Health Settings
 - Addressing Nicotine Use in Behavioral Health Settings
 - CE Credits for these trainings will vary
- Secondhand Smoke Awareness Materials

visit: nupacnm.com



Link into action at NUPACNM.com



E-Cigarettes & Vaping:

Information on vaping and resources to prevent youth and young adults from starting to use vape products.



Prevention:

Campaigns and resources to prevent youth and young adults from starting to use nicotine products.



Secondhand Smoke:

Free resources and campaigns to promote smoke-free environments for all New Mexicans.



1-800-QUIT-NOW Promotional Materials:

Order free promotional materials to help your clients know about New Mexico's free quitline services.



Quitting:

Free resources to help New Mexicans quit using nicotine products and campaigns to promote cessation.



Health Care Professionals and Clinics:

Online trainings with free CE credits for health care professionals and resources for health systems.



Data:

Statistical Data and other Technical Resources that are specific to nicotine control in New Mexico.



About NUPAC:

Learn about the Nicotine Use Prevention and Control Program and contact staff for more information.



Related Links:

Links to other trusted partners providing resources and campaigns for nicotine control.